



# JANUARY



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
 <b>No Meal Service</b>	Sausage & Gravy Biscuit Peas & Carrots Hot Apple Bake	Chicken Stir Fry Rice Pilaf Stir Fry Veggies Pineapple/Mandarin Oranges Chocolate Pear Cake	Cheeseburger Pasta Salad Baked Beans Fresh Fruit Cookie	Turkey Salad on Greens w/ Tomato and Cucumbers Fresh Fruit Dinner Roll Bread Pudding
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Pepper Steak Rice Pilaf Mixed Vegetables Mandarin Oranges Vanilla Pudding	Stuffed Baked Potato w/ Chicken & Cheese Broccoli Tropical Fruit Confetti Cake	Lemon Herb Chicken Baked Potato Garden Salad Pears Cherry Squares	Swiss Steak Mashed Potatoes Peas & Corn Apple Sauce Carrot Cake	Hot Roast Beef Sandwich Cream Soup Fresh Fruit Toffee Bars
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Chicken Normandy Oven Roasted Potatoes Green Beans Fruit Cup Apple Bars	Porcupine Meatballs Au Gratin Potatoes Diced Butter Beets Banana Turtle Brownie	Kielbasa Baby Red Potatoes Braised Cabbage Peaches Peanut Butter Cake	Old Fashion Hungarian Goulash Mashed Potatoes California Blend Veggies Fruited Jell-O Oreo Torte	Haddock Sauteed Zucchini Fruit Cup Lemon Poppy Seed Cake
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Mac & Cheese w/ Turkey Glazed Carrots Pineapple Butterscotch Chip Oatmeal Cake	Roasted Pork Mashed Potatoes Squash Applesauce Cheesecake Bars	Tater Tot Casserole Peas & Carrots Orange Juice Rhubarb Cake	Chicken Cacciatore Tomatoes, Pepper, Onion, Pasta Ambrosia Salad Stained Glass Jell-O	Pulled Pork Sandwich Roasted Baby Red Potatoes Baked Beans Apple Cookie
<b>29</b>	<b>30</b>	<b>31</b>	 <p><b>ADVOCAP</b> "Helping People Help Themselves"</p> <p><b>Nutrition Program</b> <b>725-6323</b> For information or meal reservations (Call by 12:30pm a day in advance)</p>	
Meatloaf Scalloped Potatoes Diced Beets Pears Apple Cinnamon Streusel Bars	Cordon Bleu Casserole w/ Pasta California Blend Veggies Waldorf Salad Sherbert	Beef Tips Mashed Potatoes Green Beans Tropical Fruit Peanut Butter Blondie		

