

2024

# September



Monday

Tuesday

Wednesday

Thursday

Friday

 <p><b>Elderly Nutrition Program</b> 725-2791 for information or meal reservations (Call by 12:30pm a day in advance)</p>	 <p>- Due to National Supply Issues - <b>Menus are Subject to Change</b></p>			
<p>2</p> 	<p>3</p> <p>Kansas City BBQ Riblet Twice Baked Whipped Potatoes Glazed Baby Carrots Fruit Cocktail Wheat Dinner Roll Donut Holes</p>	<p>4</p> <p>Scalloped Potatoes with Ham Sweet and Sour Red Cabbage Wheat Bread Warm Glazed Pineapple</p>	<p>5</p> <p>Beef Taco Casserole Corn Seasoned Pinto Beans Diced Pears Banana Pudding</p>	<p>6</p> <p>Grilled Chicken Breast Maple Roasted Sweet Potatoes Creamed Spinach Corn Muffin Cinnamon Apples with Granola</p>
<p>9</p> <p>Diced Chicken with Gravy over Rice Steamed Broccoli Marinated Tomato Salad Peaches Chef's Choice Cookie</p>	<p>10</p> <p>Cheese Omelet Breakfast Potatoes Warm Applesauce Fresh Orange Muffin</p>	<p>11</p> <p>All Beef Hot Dog Wheat Bun Potatoes O'Brien Three Bean Salad Warm Cinnamon Applesauce</p>	<p>12</p> <p>Honey Mustard Chicken Breast Dilled Carrots Seasoned Black Beans Breadstick Tropical Fruit Chocolate Fluff</p>	<p>13</p> <p>Salisbury Steak with Gravy Corn Green Beans Pears Wheat Dinner Roll Tapioca Pudding</p>
<p>16</p> <p>BBQ Meatballs Cheesy Potatoes Baked Beans Fruit Cocktail Wheat Bread Vanilla Pudding</p>	<p>17</p> <p>Turkey Tetrazzini Diced Carrots Romaine Salad Salad Dressing Cranberry Sauce</p>	<p>18</p> <p>Lemon Pesto Chicken Brown Rice Pilaf Mixed Vegetables Pickled Beets Pineapple Chef's Choice Cake</p>	<p>19</p> <p>Beef Patty with Mushroom Gravy Mashed Potatoes Green Beans Peaches Wheat Dinner Roll Oatmeal Raisin Cookie</p>	<p>20</p> <p>Baked Ziti with Meat Sauce Peas Warm Cinnamon Apples</p>
<p>23</p> <p>Cheeseburger Wheat Bun Red Potatoes BBQ Baked Beans Tropical Fruit Pumpkin Fluff</p>	<p>24</p> <p>Tuna Salad Crackers Diced Carrots Peas Warm Fruit Crisp</p>	<p>25</p> <p>Ketchup Meatloaf Ranch Mashed Potatoes Coleslaw Wheat Bread Warm Cinnamon Pears</p>	<p>26</p> <p>Chicken Marsala Green Beans with Red Peppers Glazed Yams Fruit Cocktail Wheat Dinner Roll Butterscotch Pudding</p>	<p>27</p> <p>Swedish Meatballs Egg Noodles Rutabaga Broccoli Salad Applesauce Sugar Cookie</p>



# Winnebago County Weekend Meals September 2024

## September 7<sup>th</sup>

Chef's Choice  
Accompaniments: Bread, Butter, Milk, Dessert

## September 14<sup>th</sup>

Pollock Strips  
Parslied Red Potatoes  
Mixed Vegetables  
Accompaniments: Bread, Butter, Milk, Fresh Orange

## September 21<sup>st</sup>

Chicken Marsala  
Rice Pilaf  
Capri Vegetables  
Accompaniments: Bread, Butter, Milk, Dessert

## September 28<sup>th</sup>

Sweet and Sour Chicken over Rice  
Diced Carrots  
Broccoli  
Accompaniments: Bread, Butter, Milk, Fresh Apple