

Elderly Nutrition  
Program  
725-2791

for information or meal reservations  
(Call by 12:30pm a day in advance)



# November

2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

 <p>- Due to National Supply Issues - Menus are Subject to Change</p>				<p>1</p> <p>No Meal Service</p>
<p>4</p> <p>Beef Patty with Cheese Wheat Bun Garlic Parsley Potatoes Kidney Bean Salad Cinnamon Apples with Granola</p>	<p>5</p> <p>Turkey with Gravy Stuffing Green Beans Almondine Coleslaw Cranberry Sauce Pumpkin Spice Pudding</p>	<p>6</p> <p>Bowtie Pasta Meatballs with Marinara Sauce Steamed Broccoli Sunshine Fruit Donut Holes</p>	<p>7</p> <p>Hawaiian BBQ Chicken Breast Au Gratin Potatoes Diced Beets Corn Muffin Pineapple with Mangoes Rice Krispie Treat</p>	<p>8</p> <p>Tuna Salad Wheat Bun Diced Carrots Peas Warm Fruit Crisp</p>
<p>11</p> <p>Sloppy Joe Wheat Bun Creamed Corn Cheesy Broccoli Strawberries Sugar Cookie</p>	<p>12</p> <p>Honey Mustard Chicken Breast Hubbard Squash Stewed Tomatoes Peaches Breadstick Tapioca Pudding</p>	<p>13</p> <p>Beef Patty with Mushroom Gravy Mashed Potatoes Green Beans with Red Peppers Wheat Dinner Roll Tropical Fruit Ring Donut</p>	<p>14</p> <p>Ham and Cheesy Macaroni Casserole Mixed Vegetables Romaine Salad Salad Dressing Spiced Pears</p>	<p>15</p> <p>Brat Wheat Bun Sauerkraut Baked Beans Potato Salad Oreo Cookies</p>
<p>18</p> <p>Chicken and Noodles Dilled Carrots Steamed Broccoli Apple Slices Chocolate Chip Cookie</p>	<p>19</p> <p>Ketchup Meatloaf Mashed Potatoes Coleslaw Wheat Dinner Roll Warm Pear Crumble</p>	<p>20</p> <p>Montreal Chicken Seasoned Black Beans Maple Glazed Yams Wheat Bread Fruit Cocktail Peanut Butter Cookie</p>	<p>21</p> <p>Western Omelet Breakfast Potatoes Warm Applesauce Banana Muffin</p>	<p>22</p> <p>Sweet and Sour Meatballs Rice Mixed Vegetables Toasted Sesame Slaw Pineapple Tidbits Fortune Cookie</p>
<p>25</p> <p>Kansas City BBQ Riblet Sauteed Spinach Corn Casserole Diced Peaches Graham Crackers Chocolate Pudding</p>	<p>26</p> <p>Salisbury Steak with Gravy Mashed Potatoes Stewed Tomatoes Wheat Dinner Roll Mixed Fruit Oatmeal Raisin Cookie</p>	<p>27</p> <p>Oatmeal with Raisins Sausage Links Maple Roasted Sweet Potatoes Banana Sunshine Fruit Glazed Cinnamon Roll</p>	<p>28</p> 	<p>29</p> <p>All Beef Hot Dog Wheat Bun BBQ Baked Beans Warm Potato Salad Tropical Fruit Ambrosia</p>



# Winnebago County Weekend Meals November 2024

## November 2<sup>nd</sup>

Chef's Choice

Accompaniments: Bread, Butter, Milk, Dessert

## November 9<sup>th</sup>

Sweet and Sour Chicken over Rice

Diced Carrots

Broccoli

Accompaniments: Bread, Butter, Milk, Fresh Orange

## November 16<sup>th</sup>

Pollock Strips

Parslied Red Potatoes

Mixed Vegetables

Accompaniments: Bread, Butter, Milk, Dessert

## November 23<sup>rd</sup>

NY Steak Patty with Mushroom Gravy

Garlic Mashed Potatoes

Capri Vegetables

Accompaniments: Bread, Butter, Milk, Fresh Apple

## November 30<sup>th</sup>

Montreal Chicken Breast

Maple Roasted Sweet Potatoes

Peas

Accompaniments: Bread, Butter, Milk, Dessert